

1 Solid-solution hardening by hydrogen in Fe-Cr-Ni-based austenitic steel:
2 temperature and strain rate effects

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15
16 **Abstract**

17 Solid-solution hardening caused by dissolved hydrogen (H) atoms in face-centered
18 cubic metals is a favorable phenomenon that counteracts the H-induced degradation of
19 mechanical performance in structural alloys, *i.e.*, hydrogen embrittlement. In the present
20 study, the changes of yield and flow stresses by solute H with the concentrations of
21 2000~7600 at ppm were systematically investigated in a Fe-24Cr-19Ni-based austenitic
22 stainless steel under the temperature range of 173~423 K and two different strain rates:
23 5×10^{-5} and 5×10^{-3} /s. Stress relaxation tests were subsidiarily employed in order to
24 elaborate the underlying mechanisms predominating the H-related hardening at low and
25 ambient temperatures. Four essential ingredients of the H-induced hardening were
26 identified: (i) H atoms in the matrix lattice as dispersed obstacles; (ii) pinning of
27 stationary dislocations by H atmosphere; (iii) dynamic pinning of dislocations resting at
28 obstacles; (iv) drag force to moving dislocations by migratable H clouds. The hardening
29 around 173 K was attributed to (i) and (ii), where the primary importance of interstitial-
30 substitutional interaction between Cr and H was explicitly invoked. Meanwhile, the
31 magnitude of hardening was maximized at around 298 K under the slow strain rate
32 condition owing to the increasing contributions from (iii) and (iv).

33
34 **Keywords:** Austenitic stainless steel; Hydrogen; Solid-solution hardening; Dislocations

36 **1. Introduction**

37 In face-centered-cubic (FCC) metals and alloys, interstitial hydrogen (H) atoms are
38 known to cause an intense augmentation of yield strength, flow stress, and indentation
39 hardness [1–10]. The phenomenon was first elaborated in an old paper by Boniszewski
40 and Smith in electrochemically charged pure Ni [1], later identified in Ni-based alloys
41 [3,8,11,12], austenitic stainless steels (ASSs) [4–7,9], and FCC high-entropy alloys
42 (HEAs) [13–15]. Despite its notable hardening effect, a significant drawback of the H
43 occlusion has long been recognized: the ductility is degraded simultaneously, *i.e.*,
44 hydrogen embrittlement, owing to the premature failure accompanying intergranular or
45 cleavage-like fracture features [1,5,6,11–13,16]. Such a negative aspect still impregnates
46 the well-accepted understanding of H as a detrimental element rather than a proactive
47 agent for structural metals [17–19]. However, the present authors recently uncovered a
48 concurrent improvement of the strength and ductility in ASSs with specific chemical
49 compositions after uniformly charging an extensive amount of solute H (~7000 at. ppm)
50 [20,21]. This epoch-making finding now gives rise to a prospect for utilizing H to
51 strengthen the ASSs in the same manner as other interstitials like carbon (C) and nitrogen
52 (N) [22–26].

53 The hardening by interstitial atoms is generally attributed to the statistical interactions
54 between dislocations and short-range lattice strain or different modulus zone around the
55 interstitials: solid-solution hardening [27–31]. Nevertheless, because of its small atomic
56 diameter and extensive diffusivity, several forms of dynamic interactions of diffusible H
57 and mobile dislocations have been of great importance in understanding the rationales
58 behind the H-induced strengthening effect [1,3,4,8,32–36]. Such dynamic interactions
59 were evidenced by serrated yielding in H-charged Ni and Ni-alloys within the temperature
60 and strain rate ranges in which the diffusion of H and the velocity of dislocations become
61 mutually competitive [1–3,37,38]. Segregation of H into dislocation core region and
62 potential nucleation of local hydride phase [2,4,39–41] pin the mobile dislocations,
63 leading to the intermittent stress drop (*i.e.*, Portevin-Le Chatelier effect) in association
64 with the dislocations depinning or activation of other dislocation sources. The latter event
65 results from the exhaustion of mobile dislocations due to the dynamic pinning, which
66 amplifies dislocation density and substructure evolution, thereby enhancing the work-
67 hardening as a secondary impact [37]. H-induced dislocations pinning was further

68 supported in Ni-Cr alloys by identifying the yield point discontinuity after static strain-
69 aging experiments [42]. Moreover, the hardening outcome has also been ascribed to the
70 changes in dislocation gliding character when the dislocation velocity is slow enough to
71 allow the coordinative motion of its segregated H atmosphere [8,16,34,43]: planar
72 dislocation structures or smaller cell sizes are favored owing to a suppressed cross-slip
73 [9,44,45] and shielding of the elastic stress field around dislocations, *i.e.*, H-enhanced
74 localized plasticity (HELP) theory [32,46].

75 On the other hand, in Fe-Cr-Ni-based ASSs and HEAs, critical information is lacking
76 for getting to the bottoms of H-induced strengthening phenomena [4,6,7,9,15,20,35].
77 Despite their coordinative capability for the hardening with Ni and Ni-alloys [1,3,8,11],
78 it is still not explicit whether the responsible H-dislocation interactions are dynamic, static,
79 or both. A careful examination of the tensile flow behavior was conducted by Altstetter
80 and co-workers on the thin foils of AISI Type304 and 310S steels after cathodically
81 charging ~10 at% H [4–6]. They found that the escalation of yield stress by solute H in
82 austenite was comparable to those caused by C and N, which was later reproduced in the
83 bulk samples of ASSs thermally charged in a pressurized H₂ gas environment [21]. Upon
84 the H concentration exceeding 5 at%, a distinct yield drop appeared on the stress-strain
85 curve, attributed to the locking of pre-existing dislocations and dislocation sources by
86 forming the H-Cottrell atmosphere [4–6]. However, the re-appearance of such yield drop
87 or its amplification by H was not confirmed when the materials were pre-strained, aged,
88 and re-strained at room temperature [5,20]. This implies that the pinning effect of
89 dislocations by H at ambient conditions is, if any, not so significant or might be weaker
90 than that in Ni alloys. A strain localization due to HELP (*i.e.*, reduction in the effective
91 gauge length) was also pointed out as a trigger of the apparent hardening effect [9,32,36].
92 Although, the strengthening that emerged at cryogenic temperature or high strain rate
93 [12,15,20,47], where coordinative H-dislocation motion is infeasible, contradicts the
94 presumptions in the HELP hypothesis [32,46].

95 In terms of the static solute-dislocation interactions, the presence of H-H or
96 substitutional-H pairs, which may function as short-range and thermally-activatable
97 obstacles *via* lattice swelling or tetragonal distortion, was implicated in the internal
98 friction measurements [48–50]. Indeed, Koyama et al. recently identified that an H-
99 charged HEA contained an enhanced thermal component in its yield stress [15]. Moreover,

100 through a continuum mechanics study of the dynamic interactions between diffusible
101 interstitials and perfect/extended dislocations, a significant contribution of the H-
102 atmosphere dragging to obstructing dislocation movement was simulated by Sills and co-
103 workers [35,51]. In the course of practical tensile deformation, either or several of these
104 factors and possibly some different ones may selectively or synergistically be activated,
105 predominating the H-induced strengthening as a final consequence. Ultimately, a more
106 systematic experimental framework is now required to isolate the leading mechanisms
107 under given deformation conditions.

108 The most elemental approach to probe the solute-dislocation interactions is to
109 examine temperature- and strain rate-dependences as well as thermal activation behaviors
110 of plastic flow [15,23,52–58]. In the present study, a Fe-24Cr-19Ni-based (AISI
111 Type310S) ASS was uniformly charged with 2000~7600 at ppm solute H. Yield/flow
112 stresses, work-hardening characteristics, stress-relaxation properties, and strain rate-
113 sensitivity were evaluated under a wide range of temperature. The rationales of the
114 solution hardening were classified into several essential ingredients incorporating both
115 the static and dynamic effects. Finally, individual contributions from these controlling
116 factors were weighted as a function of the employed experimental variables.

117

118 **2. Material and experimental methods**

119 The materials used in this study was a commercially available Type310S ASS with a
120 chemical composition shown in [Table 1](#). A hot-rolled bar with a diameter of 20 mm was
121 solution-annealed at 1353 K, followed by water-quenching, resulting in a grain size of
122 40~70 μm (see [Fig. 1 \(a\)](#)). The cylindrical tensile specimen having a 6 mm diameter and
123 30 mm-interval flanges on its gauge part ([Fig. 1 \(b\)](#)) was machined, the surface of which
124 was finished by polishing with #1000 silicone-carbide paper.

125 Tensile tests were performed with a screw-driven electromechanical test frame
126 attached to a thermostat chamber. The tests were conducted at temperatures of 173~423
127 K with crosshead displacement speeds (CHS) of 0.0015 and 0.15 mm/s, corresponding to
128 the initial strain rates of $\approx 5 \times 10^{-5}$ and 5×10^{-3} /s, respectively. The elongation of the gauge
129 part between the two flanges was monitored by using a linear variable differential
130 transformer (LVDT). Additionally, stress-relaxation tests were carried out at 173 and 298
131 K with the same testing equipment. The crosshead position was fixed after applying the

132 true strain of 0.06 with CHS = 0.0015 mm/s, and the stress decay was recorded as a
 133 function of time for 500 s with a data acquisition interval of 0.2 s.

134 Some of the tensile specimens were H-charged by exposing them to a pressurized
 135 gaseous H₂ environment at 543 K for 200 hours in an autoclave. Considering the H
 136 diffusion coefficient in Type310S ASS, the charging temperature and duration are enough
 137 to realize a uniform distribution of solute H inside the gauge part of the tensile specimen
 138 with a 6 mm diameter (see authors' previous publications [20,21] for detail). For varying
 139 the H concentration, the H₂ gas pressures for charging were set as 10, 40, 70, and 100
 140 MPa. We also checked that the heating at elevated temperature itself and possible
 141 microstructural changes do not affect the mechanical behavior by preparing a specimen
 142 that was heat treated in a vacuum at 543 K and 200 hours.

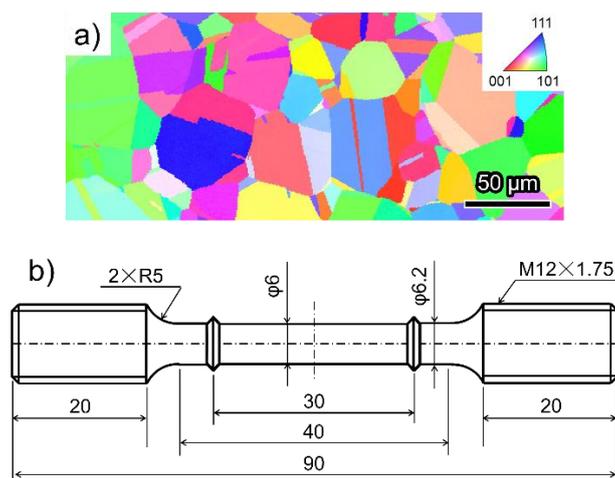
143 After the tensile tests, cylindrical samples with a height of 5 mm were cut from the
 144 uniformly deformed parts of the specimens, the residual H concentrations of which were
 145 measured by gas chromatography thermal desorption analysis (TDA). The temperature
 146 range and heating rate for the TDA were 298~1073 K and 100 K/h, respectively.

147

148 Table 1 Chemical composition (mass %) of Type 310S stainless steel used in this study.

C	Si	Mn	P	S	Ni	Cr	Fe
0.02	0.37	1.10	0.023	0.001	19.18	24.18	Bal.

149



150

151 Fig. 1 (a) Initial microstructure on the plane perpendicular to the bar-axis, analyzed by
 152 electron backscattering diffraction. (b) dimensions (mm) of the tensile specimen.

153

154 **3. Results**155 **3.1 Hydrogen absorption property**

156 The dissolution behavior of H atoms into the crystal lattice of metals from a gaseous
 157 phase follows Sievert's law [59], wherein the saturated solute H concentration, C_0 , is
 158 correlated with the solubility, K_S , as follows.

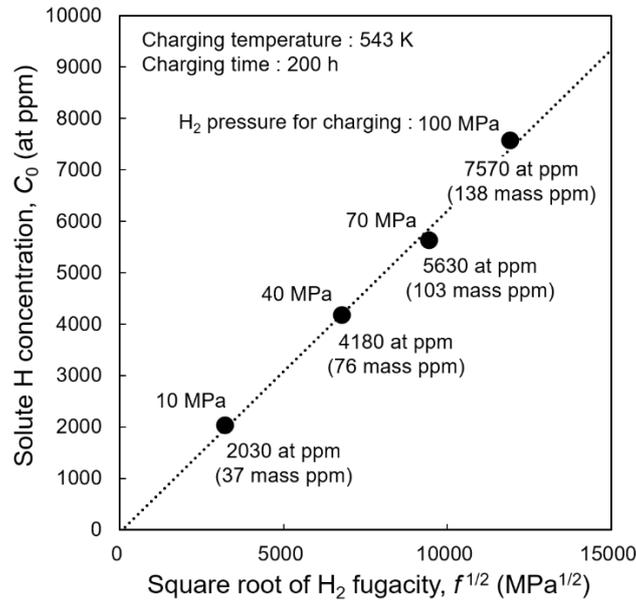
$$159 \quad C_0 = K_S \sqrt{f} \quad (1)$$

160 Here, f is the fugacity of H_2 gas, which is defined by the Abel-Noble equation of state,

$$161 \quad f = P \exp\left(\frac{Pb_0}{RT}\right) \quad (2)$$

162 where P is H_2 gas pressure, $b_0 = 15.84 \text{ cm}^3/\text{mol}$ [59], R is the universal gas constant, and
 163 T is the absolute temperature.

164



165

166 Fig. 2 Solute H concentration as a function of the square root of H_2 gas fugacity for
 167 charging. The linear relationship indicates the satisfaction of Sievert's law.

168

169 In Fig. 2, the H concentrations in the specimens in this study are plotted versus the
 170 square root of H_2 fugacity corresponding to the charging temperature and pressure
 171 conditions in line with eq. (1). A linear relation was obtained between the two parameters
 172 with $K_S = 0.62 \text{ at ppm}/\text{MPa}^{1/2}$, indicating that the solute H atoms primarily dissolved into
 173 interstitial lattice sites (*i.e.*, octahedral sites in FCC crystal) rather than defects, such as
 174 grain boundaries and pre-existing dislocations. The maximum H concentration of 7570
 175 ppm (138 mass ppm) was achieved after charging at 100 MPa, consistent with the authors'

176 previous research using a same-grade material [20,21]. The measurement error of the H
 177 concentration under each charging condition was within $\pm 5\%$ and even reduced to $\pm 2\%$
 178 as the charging pressure increased from 10 to 100 MPa. Note that in the fractured
 179 specimens tested at 373~423 K, a $\sim 10\%$ decrease of the residual H concentration was
 180 recognized due to an enhanced H diffusion. Nevertheless, the influence of H-loss on the
 181 mechanical properties could be trivial because the H desorption should be limited at the
 182 near-surface parts as well as because the focus of this paper was a small strain domain
 183 after yielding where the test duration was much shorter than that until the fracture.

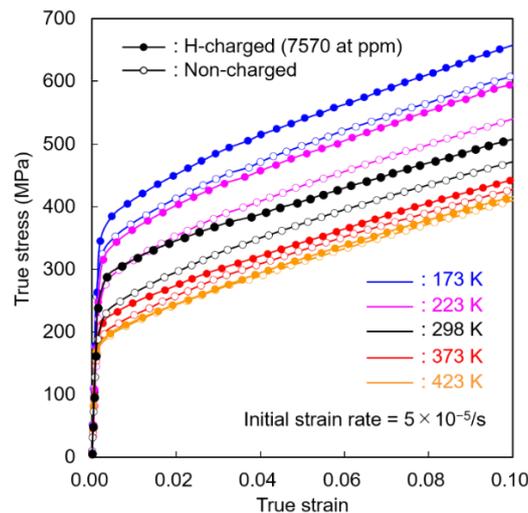
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185 3.2 Tensile flow behavior

186 3.2.1 Effect of deformation temperature

187 **Fig. 3** depicts the true stress-true strain curves of the small strain domain covering the
 188 yield point of non-charged and H-charged specimens with $C_0 = 7570$ at ppm at five
 189 different deformation temperatures (*i.e.*, 173, 223, 298, 373, and 423 K). In what follows,
 190 the standard CHS for acquiring the presented results is 0.0015 mm/s (*i.e.*, initial strain
 191 rate of 5×10^{-5} /s) unless otherwise noted. Comparing the solid and open symbols at each
 192 temperature, one can notice that evident escalations of the yield and flow stresses emerged
 193 owing to the H-charging at temperatures below 373 K, while the effect was gradually
 194 diminished as the temperature increased.

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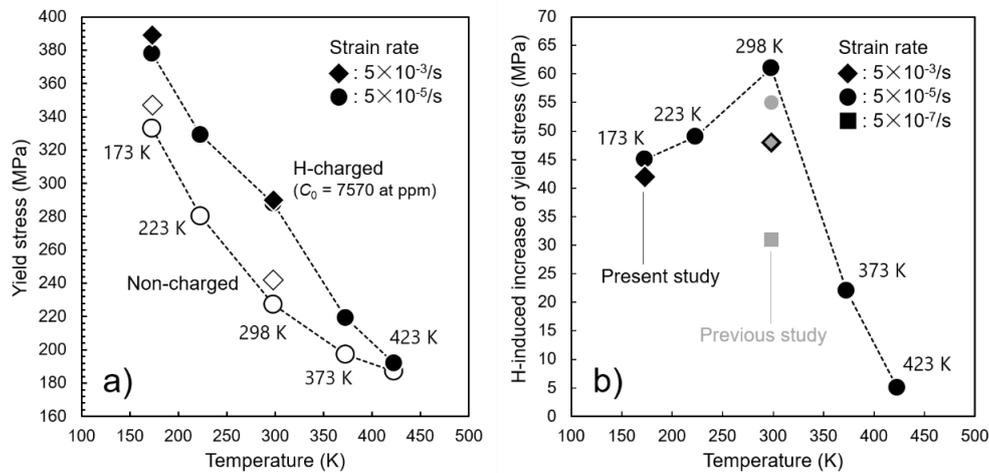


196

197 **Fig. 3** True stress-true strain curves of non-charged and H-charged ($C_0 = 7570$ at ppm)
 198 specimens for the strain range of ~ 0.10 at five different deformation temperatures.

199

200 The yield stresses (0.2% proof stresses, $\sigma_{0.2}$, defined on the true stress-true strain
 201 curves) were extracted from Fig. 3, and their absolute values, as well as the gaps between
 202 non-charged and H-charged specimens (*i.e.*, the magnitude of solid-solution hardening at
 203 yielding), are plotted as a function of deformation temperature in Fig. 4 (a) and (b).
 204 Monotonic increases of the yield stress with the decrease in temperature were apparent
 205 both in non-charged and H-charged specimens, whereas the magnitude of H-induced
 206 strengthening was maximized at 298 K. At the lower temperatures, the strengthening was
 207 still substantial, yet the extent was smaller with respect to that at 298 K.
 208



209 Fig. 4 (a) yield stress (0.2% proof stress) in non-charged and H-charged ($C_0 = 7570$ at
 210 ppm) specimens and (b) their gaps at five different deformation temperatures under
 211 several strain rate conditions. The authors' previous data on Type310S steel with similar
 212 hydrogen concentration [20] are plotted as three gray marks in (b) for comparison.
 213

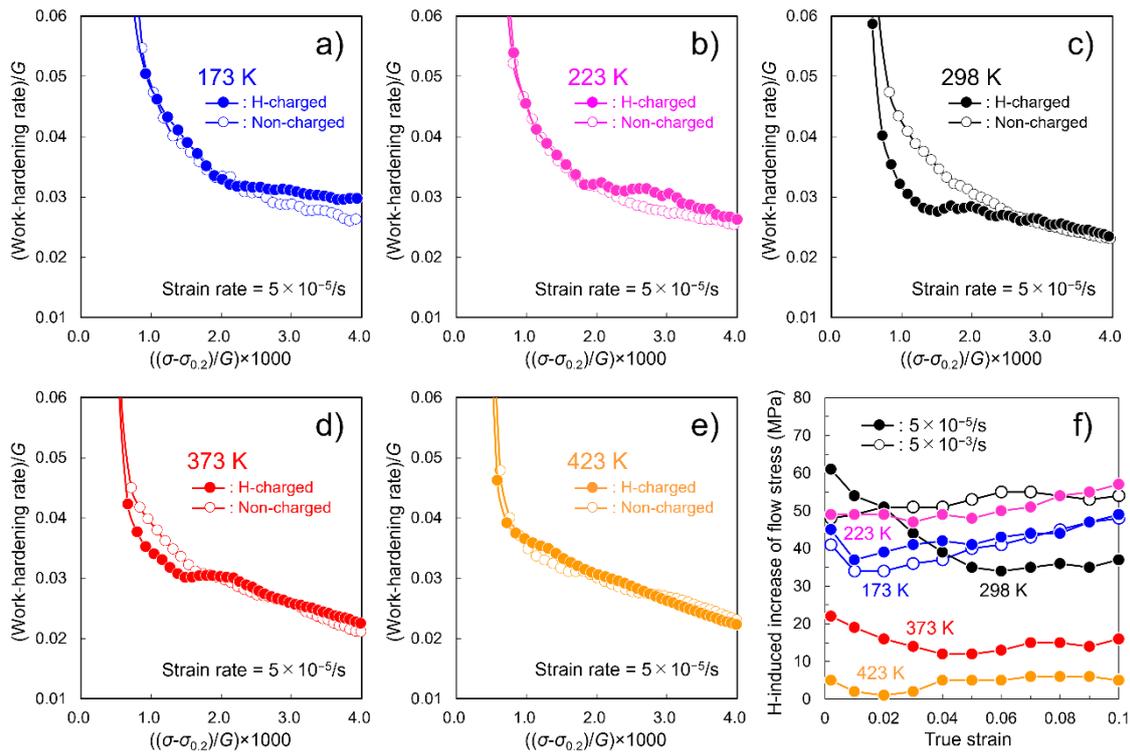
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215 Fig. 5 (a)~(e) show the work-hardening rate curves of the non-charged and H-charged
 216 ($C_0 = 7570$ at ppm) specimens at five testing temperatures plotted against true stress. The
 217 stress of each specimen was presented after subtracting the yield stress from the total flow
 218 stress for canceling the contribution of solid-solution hardening on the horizontal axis.
 219 Also, both axes were normalized by shear modulus, G , at each temperature [60] in order
 220 to eliminate the modulus-dependent component of the work-hardening rate and flow
 221 stress [61]. Interestingly, the work-hardening rate in the H-charged specimen at 298 K
 222 exhibited a temporal decay after yielding, recovering gradually and then merging into the
 223 curve of the non-charged specimen with the increase of stress and strain (Fig. 5 (c)). The
 224 same phenomenon was discovered in our previous publication [21], yet the underlying
 225 reason was ambiguous. However, such a transient work-hardening behavior in the H-

226 charged specimen notably disappeared when the temperature was both increased and
 227 decreased from 298 K: the curves of non-charged and H-charged specimens became
 228 coincident with each other.

229 In Fig. 5 (f), the gaps in flow stress between non-charged and H-charged specimens
 230 at each temperature are indicated as a function of true strain, wherein the underlying
 231 reason for the temporal decay of work-hardening at 298 K (Fig. 5 (c)) is now uncovered.
 232 That is, even though the flow stress gap at 298 K was the greatest among the five
 233 temperatures at the beginning of deformation, it suddenly decreased by almost 30 MPa
 234 as the strain evolved to 0.05, then settled with the value falling below those at 223 and
 235 173 K. A similar but a weaker strain-dependent tendency of the flow stress gap was
 236 observed at 373 K. Meanwhile, at other three temperatures, the gap of flow stress
 237 remained almost constant irrespective of strain within a range of fluctuation, except for a
 238 sudden decrease immediately after the onset of yielding at 173 K.

239



240

241 Fig. 5 (a)~(e) work-hardening rate versus flow stress curves of non-charged and H-
 242 charged ($C_0 = 7570$ at ppm) specimens at 173~423 K and a strain rate of $5 \times 10^{-5}/s$, wherein
 243 the vertical and horizontal axes were normalized by shear modulus at each temperature.
 244 (f) depicts the gap of flow stress between non-charged and H-charged specimens at
 245 173~423 K and at two different strain rates as a function of true strain.

246 3.2.2 Effect of strain rate

247 The influence of strain rate was examined at two representative temperatures of 298
248 and 173 K. Two orders of magnitude faster CHS than the standard one (*i.e.*, initial strain
249 rate of 5×10^{-3} /s) was applied for non-charged and H-charged ($C_0 = 7570$ at ppm)
250 specimens. The yield stress, as well as its magnitude of enhancement by H, are inserted
251 in Fig. 4. In the non-charged specimens, the faster strain rate resulted in slightly higher
252 yield stress at both testing temperatures, as supposed from the basic thermal activation
253 theory of dislocation dynamics [62]. The yield stress of the H-charged specimen was also
254 augmented at 173 K (Fig. 4 (a)), although the magnitude of yield stress enhancement by
255 solute H was rather independent of strain rate (Fig. 4 (b)). Notwithstanding, the most
256 notable discovery here was that no recognizable impact of strain rate manifested on the
257 yield stress of the H-charged specimen at 298 K (Fig. 4 (a)). According to the strain rate-
258 dependent increase of yield stress in the non-charged specimen at 298 K, this led to a
259 weakened solid-solution hardening by H, as is visible in Fig. 4 (b).

260 In order to check the reproducibility of the experimental results, Fig. 4 (b) also
261 includes the yield stress enhancement under three different strain rates (5×10^{-3} , 5×10^{-5} ,
262 and 5×10^{-7} /s) at 298 K measured in our previous paper on the same grade material with
263 identical solute H concentration [20]. An agreement between the previous and present
264 results was confirmed at the strain rates of 5×10^{-3} and 5×10^{-5} /s. Furthermore, the yield
265 stress enhancement by H at 5×10^{-7} /s was smaller than those at 5×10^{-3} and 5×10^{-5} /s: the
266 strain rate dependence of the solid-solution hardening at the yield point in the H-charged
267 samples was not monotonous.

268 The flow stress gaps between non-charged and H-charged specimens under a faster
269 strain rate of 5×10^{-3} /s are overlaid in Fig. 5 (f). It is noteworthy that the overall flow stress
270 augmentation by H was more remarkable, and no stress drop was seen under the faster
271 strain rate at 298 K, while the yield stress increase was inferior to that at the slower strain
272 rate (Fig. 4 (b)). In contrast, the magnitude and propensity of the increase in flow stress
273 were almost independent of the strain rate at 173 K.

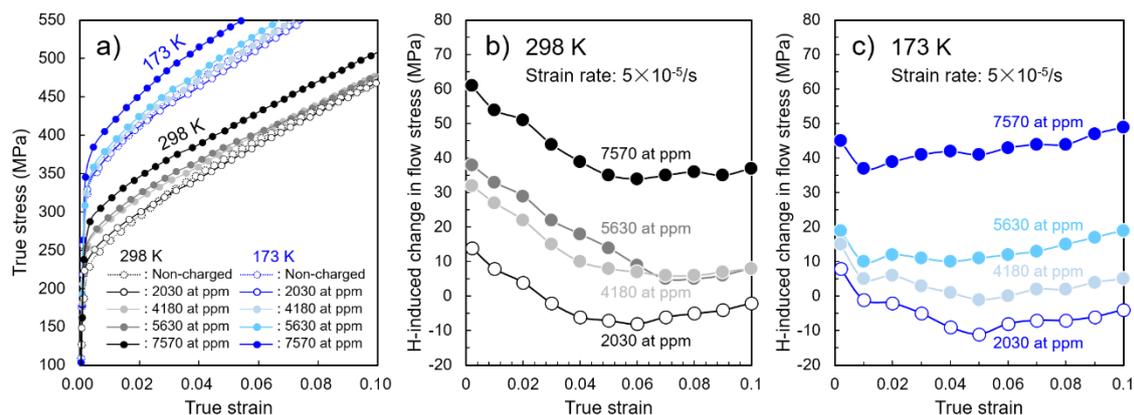
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275 3.2.3 Effect of H concentration

276 At 298 and 173 K, where H-induced strengthening was substantial, the H
277 concentration dependence of the flow behavior was also studied. The true stress-true

278 strain curves around the yield point and small strain domain are shown in Fig. 6 (a). The
 279 yield stresses were augmented as a monotonic function of C_0 at both temperatures,
 280 although temporal decreases of the flow stress below those of non-charged specimens
 281 were observable after yielding, particularly at low H concentrations, as clearly seen in
 282 Fig. 6 (b) and (c).

283



284

285 Fig. 6 (a) true stress-true strain curves of the non-charged specimen as well as the H-
 286 charged specimen with various H concentrations at 298 and 173 K with the strain rate of
 287 5×10^{-5} /s. (b) and (c) show the gap of flow stress between the non-charged and H-charged
 288 conditions, which were derived from (a).

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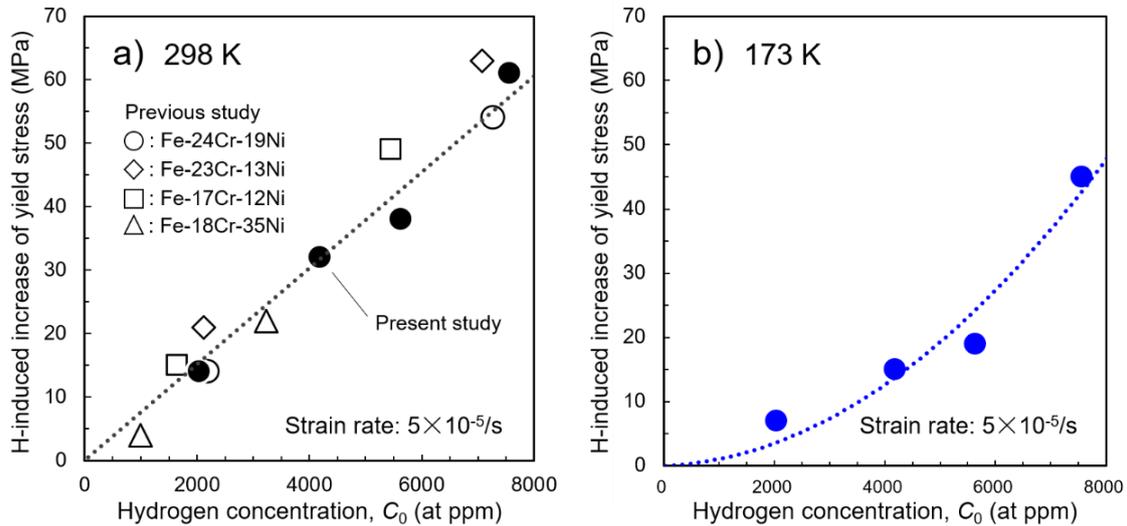
290 Fig. 7 (a) and (b) present the H concentration-dependence of the magnitude of yield
 291 stress enhancement at 298 and 173 K. The increase in yield stress was linearly correlated
 292 with the solute H concentration with the slope of $\approx G/86$ at 298 K, a result that coincides
 293 with the tendency acquired in the authors' previous study on some ASSs with various Cr
 294 and Ni contents [21] as overlaid in Fig. 7 (a). On the other hand, a non-linear
 295 interrelation between the H concentration and the yield stress increase was recognized at
 296 173 K (Fig. 7 (b)). Rather, the yield stress was amplified in a slightly exponential tendency
 297 with augmenting the H concentration.

298

299 The gaps between the flow stress in the non-charged specimen, as well as H-charged
 300 specimens with different H concentrations, are depicted in Fig. 6 (b) and (c), like Fig. 5
 301 (f). At 298 K, the shape of the four curves was not significantly changed by the H
 302 concentration, and the overall curve shifted downward with the decrease of C_0 . However,
 303 the propensity at 173 K was somewhat different from the case of 298 K. Namely, the
 304 gradual decay of the flow stress gap toward 0.05 true strain, which was milder but
 reminiscent of the behavior at 298 K, emerged at lower H concentrations of 2030 and

305 4180 at ppm, although such temporal decay was not distinct at 7570 at ppm H.
 306 Additionally, a sudden drop of the stress gap between the yield point and 0.01 true strain
 307 was a common distinction under all the examined hydrogen concentrations.

308



309

310 Fig. 7 Increases of the yield stress (0.2% proof stress) by H-charging, which were
 311 measured at 298 and 173 K with a strain rate of 5×10^{-5} /s, as a function of linear H
 312 concentration. The results of some ASSs with different Cr and Ni contents measured in
 313 the authors' previous study [21] are plotted together with open symbols in (a).

314

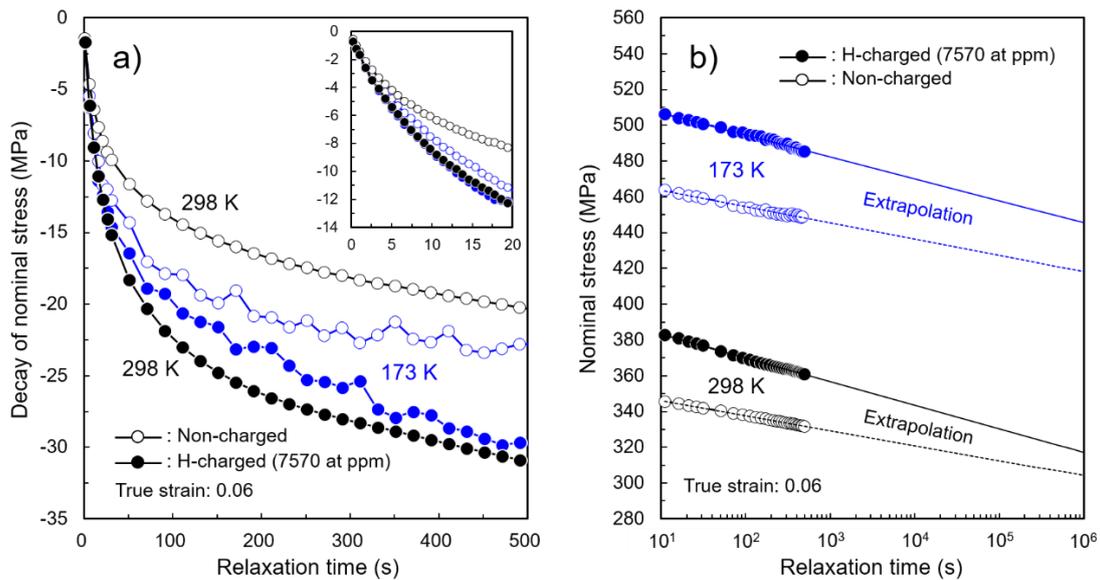
315 3.3 Stress relaxation behavior

316 Fig. 8 (a) shows the stress-relaxation curves of non-charged and H-charged specimens
 317 ($C_0 = 7570$ at ppm) at 298 and 173 K, where the stress at the beginning of relaxation for
 318 each specimen is defined as zero. Note that the fluctuation on the curves in 173 K is not
 319 a specific material behavior but merely a noise associated with the data recording at a
 320 cryogenic temperature. For both temperatures, large relaxation occurred during the first
 321 100 s, followed by gradual settling down of the stress decay in the remaining time frame.
 322 The amount of relaxation was larger in the H-charged specimens, yet the temperature
 323 dependence was distinct depending on the presence and absence of H. In the non-charged
 324 specimens, more rapid relaxation ensued in a shorter time at 173 K, eventually ceasing
 325 upon the passage of 500 s. On the other hand, the relaxation rate at 173 K was slower than
 326 that at 298 K in the H-charged specimens, a totally different tendency from the non-
 327 charged case. The distinct stress relaxation behavior between non-charged and H-charged
 328 specimens was also apparent when focusing on the short time period, as depicted in the

329 inset of Fig. 8 (a). Namely, during the first 20 s, H-charging resulted in an obviously
 330 accelerated relaxation rate at 298 K, while the relaxation curves of non-charged and H-
 331 charged specimens were close to each other at 173 K. As the relaxation time exceeded
 332 10^2 s, the two curves at 173 K eventually diverged.

333 In Fig. 8 (b), the stress-relaxation results are reproduced in the form of the absolute
 334 stress values versus the logarithm of the relaxation time. Under all the experimental
 335 conditions, the curves were almost straight after 10 s relaxation, indicating a typical
 336 logarithmic transient observed in most metallic materials [58]. The slope of the
 337 logarithmic relaxation curve of the H-charged specimen was steeper than that in the non-
 338 charged one at 298 K, merging into each other as the curves were extrapolated to the
 339 relaxation time of 10^7 s order. Meanwhile, the curves of H-charged and non-charged
 340 specimens were mutually more parallel at 173 K, which implies that a much longer time
 341 would be required for the two curves to be finally merged.

342



343

344 Fig. 8 Stress relaxation curves of non-charged and H-charged ($C_0 = 7570$ at ppm)
 345 specimens at 298 and 173 K after applying a true strain of 0.06 with a strain rate of
 346 5×10^{-5} /s. The relaxation time in the horizontal axis is linear in (a), while it is logarithmic
 347 and extrapolated into longer time scales in (b). The inset in (a) magnifies the relaxation
 348 curves at the beginning short time period.

349

350 **4. Discussion**

351 **4.1 Preface**

352 The hardening of FCC metals and alloys *via* H occlusion has often been discussed
353 from the perspective of the H-induced plasticity localization (*i.e.*, HELP) model
354 [5,6,9,32,36,63]. Suppression of dislocations cross-slip may decrease the number of
355 active slip planes, rendering the distribution of slip bands coarser and more heterogeneous
356 [5,6,9]. As a result, the effective gauge length bearing the applied strain is reduced, as
357 well as the density of mobile dislocations in individual slip bands is augmented [32,36].
358 These scenarios bring about an escalated flow stress under a given macroscopic strain.
359 An alteration in the deformation mode caused by H also affects the evolution of
360 dislocation substructures and resultant work-hardening [8,16,34,43]. In conform to the
361 HELP model, H atoms segregating around a moving dislocation shield its elastic stress
362 field in addition to inhibiting cross-slip [32,44,46,64]. Such modifications potentially
363 shrink the dislocation cell size or promote the formation of more planar dislocation
364 substructures [16,34,43], playing a role in amplifying the flow stress as a secondary
365 influence.

366 In ASSs, the modification of dislocation behavior, particularly slip localization, has
367 been evidenced by the increases in slip line spacing and height on the material surface
368 [5,6,65]. Nonetheless, Aubert et al. statistically analyzed the slip line distribution of a
369 Type316L steel with grain sizes of 140 and 300 μm charged with ~ 135 mass ppm H [63].
370 They identified that the H-impact on the strain localization was minor for the material
371 with a smaller grain size, especially under a small strain regime with a few percent. Kamei
372 et al. reported the results of dislocation density measurement *via* X-ray on a 316L steel,
373 wherein the difference between non-charged and H-charged samples was not significant
374 until the strain reached $\sim 20\%$ [66]. Even in the authors' experiments, no H-effect was
375 recognized in the work-hardening rate, except for the peculiar domain immediately after
376 yielding at ambient temperature (Fig. 5) and a large strain regime where deformation
377 twinning commenced [20,21,67]. Kocks and Mecking, who elaborated on the work-
378 hardening in FCC metals, pointed out that the dislocation structures (*i.e.*, density and
379 arrangement) exhibit a mutually similar distinction when a given material undergoes an
380 identical work-hardening rate [61]. Taking these perceptions, the grain size (*i.e.*, 30~70
381 μm), and the targeted strain level in the present study into account, the H-induced

382 hardening in ASSs is not merely an indirect consequence of the strain localization and the
383 modification of dislocation glide/accumulation characteristics. Rather, a major part of the
384 hardening should rely on the intrinsic effects of H, which act as obstacles to the movement
385 of individual dislocations. The manifestation of stress enhancement at 173 K (Fig. 3),
386 where the formation of an H-dislocation atmosphere during deformation would be
387 infeasible, also supports such a presumption. Note that when discussing H-material
388 interactions, H segregation and diffusion along grain boundaries are sometimes of great
389 importance [12,18,68]. Even concerning the yield strength, the segregation of interstitial
390 atoms (*e.g.*, C and N) along grain boundaries possibly affects the mechanical behavior *by*
391 altering the extent of the Hall-Petch strengthening [69]. However, it has been clarified in
392 Type310S ASS that the trapping is negligible due to almost equivalent solution energy of
393 H between grain boundaries and interstitial lattice sites [70]. Thus, we assume that the
394 grain boundary effect on the yield stress change after H-charging is trivial, and the
395 interactions of H with dislocations are much more critical.

396 The glide resistances arising from solutes are classified into lattice friction by dispersed
397 atoms [27,31], pinning by Cottrell atmosphere around a stationary dislocation [29,71], a
398 force pulling back the dislocation *via* solute drag [35,72], and dynamic pinning (*i.e.*,
399 dynamic strain-aging, DSA) [56,73,74]. In the following sub-sections, contributions from
400 these multiple factors at each temperature are discussed based on the findings provided
401 in Section 3. Note, on the other hand, that enhanced mobility of dislocations by H has,
402 contrary, been envisaged through an accelerated velocity of dislocations in *in-situ*
403 transmission electron microscopy (TEM) studies [32,46,64,75]. Nevertheless, recent
404 molecular dynamics simulations revealed that solute H indeed obstructs the dislocation
405 movement except for some specific cases [33,76,77], arguing that what was observed in
406 TEM was a unique phenomenon that occurs only in thin foils [78].

407

408 **4.2 Mobility of H atoms during deformation**

409 In an attempt to evaluate the significance of the above-listed roles of solutes that resist
410 dislocation movement, an estimation of H mobility during deformation is a principal
411 piece. Several researchers experimentally measured the H diffusivity in 310S steel by
412 means of gas desorption or permeation techniques [79–82], in which the temperature
413 dependence of the diffusion coefficient, D , followed the Arrhenius equation:

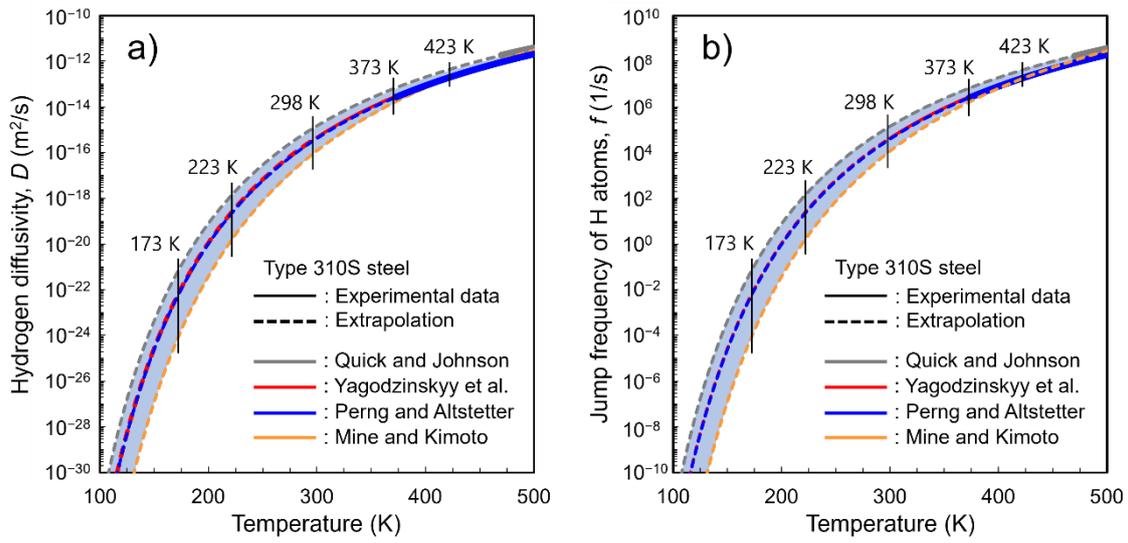
$$D = D_0 \exp\left(-\frac{E_D}{RT}\right) \quad (3)$$

414 where D_0 is the pre-exponential factor, and E_D is the activation energy for lattice diffusion.
 415 [Fig. 9](#) (a) shows the D vs. temperature curves obtained by plugging the D_0 and E_D values
 416 in the references [79–82] into eq. (3). The solid lines indicate the temperature ranges
 417 where diffusion data were experimentally acquired in [79–82]. Since the measurement of
 418 diffusivity in ASSs at lower temperatures is infeasible, we were compelled to extrapolate
 419 these data owing to eq. (3), as described by dashed lines in [Fig. 9](#) (a). Once the plastic
 420 deformation commences, the bulk hydrogen diffusivity is more or less affected by the
 421 defect-trapping effects, particularly when the temperature is low [18,79,83]. Nevertheless,
 422 extrapolation of eq. (3) can be a good approximation in the present case because it is the
 423 lattice diffusivity that predominates the interactions between diffusible solutes and mobile
 424 dislocations [51,56,72].
 425

426 Considering a random jump of an H atom from an octahedral (O-) site to the
 427 neighboring twelve O-sites, the diffusivity data also gives an estimation of the jump
 428 frequency of H, f , through the lattice parameter, a (approximated as 3.6 nm), as $f = 12D/a^2$.
 429 The f vs. temperature curves derived from [Fig. 9](#) (a) are reproduced in [Fig. 9](#) (b). At 173
 430 K, the f lies at $10^{-5} \sim 10^{-2}$ /s. The time for acquiring the data in [Fig. 3](#) and [Fig. 6](#) was the
 431 order of 10^3 s, denoting that H barely migrated through the lattice at such a low
 432 temperature. Meanwhile, H becomes substantially active at 298 K, with the f beyond 10^4 /s.
 433 Therefore, some forms of dynamic interactions with mobile dislocations are anticipated
 434 at and above 298 K.

435

436



437

438 Fig. 9 Diffusion coefficient (a) and jump frequency (b) of H atoms in Type310S steel,
 439 which were previously measured by several researchers [79–82]. The solid lines denote
 440 the experimentally acquired data, while the dashed lines are the extrapolation of the
 441 experimental data *via* eq. (3).

442

443

444 4.3 Estimating H segregation around a dislocation

445 The strength of the interaction between H and a stationary dislocation [4,40–42,77] is
 446 another essential factor for scrutinizing the H-induced hardening. In this sub-section, the
 447 segregation of H around a perfect edge dislocation was examined by simply assuming the
 448 size effect driven from the stress field around the dislocation line (*i.e.*, Cottrell atmosphere
 449 [29,71]). Even though the presumption fails to assess the segregation to the core where
 450 linear elasticity breaks down [29,71] and neglects any electronic effects [39,40,84], it still
 451 provides qualitative information regarding the magnitude of H-dislocation interactions at
 452 each temperature. Additionally, since the dislocations in FCC metals with low to medium
 453 stacking fault energy (*e.g.*, ≈ 40 mJ/m² in 310S steel [85]) are extended into two Shockley
 454 partials, the H segregation into screw dislocations through the size effect is also plausible
 455 [29,51].

456 In a solid-solution with an average solute concentration of C_0 , the local concentration
 457 around a segregation (trapping) site, C_T , obeys the Fermi-Dirac formula.

$$458 \quad \frac{C_T}{1-C_T} = \frac{C_0}{1-C_0} \exp\left(\frac{E_B}{RT}\right) \quad (4)$$

459 Here, E_B is the binding energy of the trap site with a solute atom. Assuming a positive
 460 edge dislocation lying along the z -axis in a Cartesian coordinate, the distribution of E_B
 461 due to the dislocation's dilatational stress field on the x - y plane is given as [29]:

$$462 \quad E_B = \beta \frac{y}{x^2+y^2} \quad (5)$$

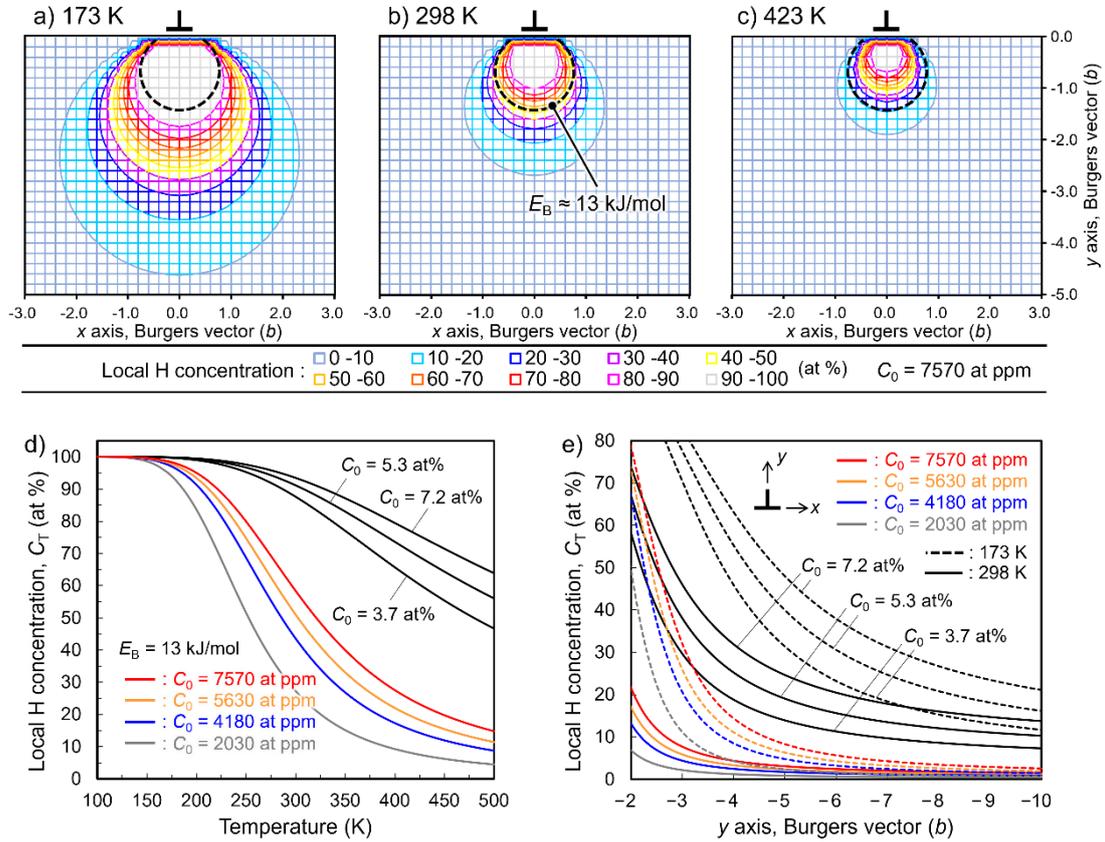
$$463 \quad \beta = \Delta V \frac{Gb}{3\pi} \left(\frac{1+\nu}{1-\nu}\right) \quad (6)$$

464 where b is the Burgers vector ($\approx 2.5 \times 10^{-10}$ m), ν is Poisson's ratio, and ΔV is the swelling
 465 volume per solute atom for which $\approx 2 \times 10^{-30}$ m³ were experimentally and analytically
 466 reported in the case of H [86,87]. β is called an elastic interaction parameter.

467 **Fig. 10** (a)~(c) show the C_T distribution at the solute-condensed region below the slip
 468 plane, wherein $C_0 = 7570$ at ppm and three different temperature conditions were adopted.
 469 In ASSs, $E_B \approx 13$ kJ/mol was reported as the binding energy of H with dislocations
 470 [79,87–90], which is quite identical to the values in pure FCC metals such as Ni and Al
 471 [40,41,91]. The black dashed lines in **Fig. 10** (a)~(c) delineate the border that corresponds
 472 to $E_B \approx 13$ kJ/mol according to eq. (5). Although linear elasticity leaves some uncertainties
 473 in the proximity of the dislocation line, the results demonstrate that the E_B reported in the

474 previous investigations [79,87–90] potentially reflects the H trapping at the dislocation
 475 core. The H segregation *via* the size effect spreads well outside the core, an extension of
 476 which enlarges with a decrease in temperature.

477



478

479 Fig. 10 Segregation behavior of hydrogen atoms around a perfect edge dislocation *via*
 480 size effect: (a)(b)(c) distribution of the Cottrell atmosphere at 173, 298, and 423 K under
 481 an average hydrogen concentration of 7570 at ppm; (d) temperature dependence of the
 482 local hydrogen concentration at dislocation core with $E_B = 13$ kJ/mol; (e) extension of the
 483 Cottrell atmosphere below the slip plane at 173 and 298 K under various average
 484 concentration of hydrogen. Note that the curves of C_0 of 3.7, 5.3, and 7.2 at % will be
 485 described and discussed in Section 4.7 later.

486

487

488 **Fig. 10** (d) shows the temperature dependence of C_T , which was calculated according
 489 to eq. (4), at the region corresponding to $E_B = 13$ kJ/mol under various conditions of C_0 .
 490 Above 200 K, C_T continuously increases with a decrease in temperature and depends
 491 significantly on C_0 . Meanwhile, although the values close to 100% are physically
 492 unrealistic for interstitial solutes, it is apparent that the C_T at the dislocation core tends to
 493 saturate irrespective of C_0 at temperatures below 200 K. Note, however, that the situation
 is different outside the saturated core, as the C_T distribution along the negative side of the

494 y -axis is shown in Fig. 10 (e). In the regime away from the dislocation center, the H
 495 segregation depends on C_0 even at 173 K, in which the extent of the atmosphere becomes
 496 greater as C_0 increases. The same tendency can be seen at 298 K, while the overall H
 497 concentration in the atmosphere is low compared with 173 K.

498 At 173 K where H diffusion is slow, a completely equilibrated atmosphere (Fig. 10)
 499 was unlikely to be achieved. Even so, it took one hour to decrease the temperature to 173
 500 K, and 10 minutes of preservation was interpolated before the start of the test: H atoms
 501 were allowed to migrate slowly through the lattice. According to an old treatment by
 502 Harper, the fractional interstitial segregation rate at a site with E_B is approximated as [92]:

$$503 \quad q = 1 - \exp \left\{ -2\rho \left(\frac{\pi}{2} \right)^{1/3} (E_B Dt / RT)^{2/3} \right\} \quad (7)$$

504 where ρ is dislocation density, and t is aging time. Taking $E_B \approx 4$ kJ/mol as a binding
 505 energy at the outer periphery of the Cottrell atmosphere (eq. (5)) and $\rho = 10^{12}$ m²/m³, q
 506 exceeds 90% after the passage of 4000 s at 173 K. Thus, the atmosphere should become
 507 wider and denser as the temperature is lowered, and it could take a quasi-equilibrated
 508 state close to the distribution shown in Fig. 10.

509

510 **4.4 Contribution of solute drag**

511 From the jump frequency estimation in Section 4.2, an emergence of dynamic H-
 512 dislocation interactions during deformation has been envisaged at and above 298 K. In
 513 fact, the magnitude of yield stress enhancement by H exhibited its peak at 298 K (Fig. 4).
 514 Such a maximization of yield/flow stresses under a certain temperature range, which
 515 cannot be interpreted in the thermal activation theory of solid-solution hardening, is an
 516 outcome when dynamic interactions of solutes with moving dislocations operate [52,58].

517 Sills and co-workers numerically calculated the interference between a diffusible solute
 518 atmosphere and a dislocation moving at a constant velocity [35,51]. Based on Orowan's
 519 formula [62], they derived the equation describing the critical strain rates, $\dot{\epsilon}_c$, for the
 520 occurrence of dynamic interactions under a given temperature.

$$521 \quad \dot{\epsilon}_c = \frac{4QDKT}{M\beta} \rho_m b \quad (8)$$

522 where M is the Taylor factor (3.06 for polycrystalline FCC metals), k is the Boltzmann
 523 constant, β is defined by eq. (6), and ρ_m is the mobile dislocation density. The parameter
 524 Q signifies the velocity of mobile dislocations, v_d , which is non-dimensionalized using β ,

525 D , k , and T as:

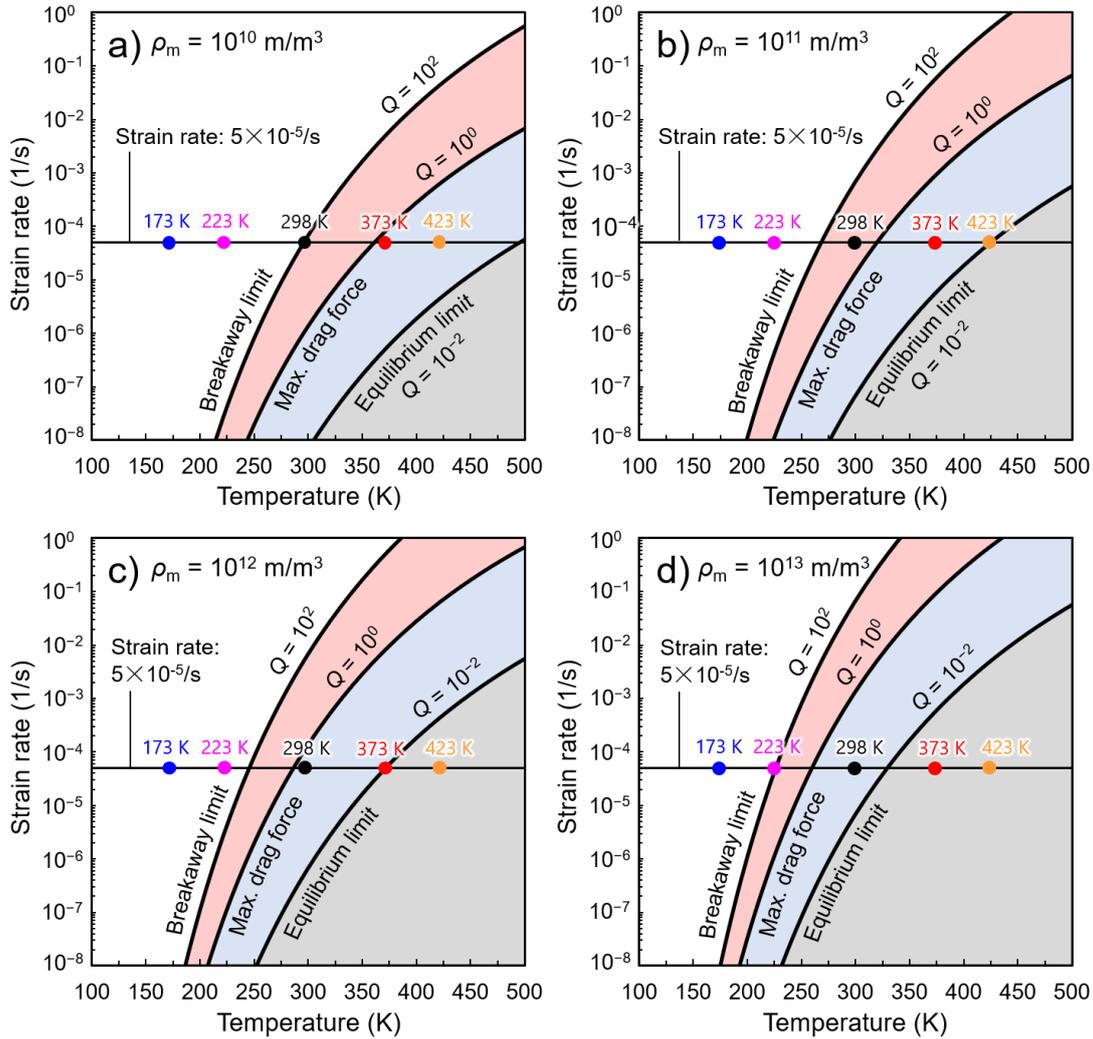
$$526 \quad Q = \frac{v_d \beta}{4DkT} \quad (9)$$

527 According to their calculations on a steady-state condition, the dislocation is completely
 528 pulled away from the solute atmosphere when Q is greater than $\approx 10^2$. Meanwhile, when
 529 Q is smaller than $\approx 10^{-2}$, the atmosphere can follow the dislocation movement with
 530 maintaining its near-equilibrium distribution [35]. These two opposite extremes will be
 531 referred to as breakaway and equilibrium limits, respectively. At a dislocation velocity
 532 between breakaway and equilibrium limits, the atmosphere partially lags behind the
 533 dislocation. A resultant non-equilibrium distribution of the atmosphere exerts a drag force
 534 on the moving dislocation, representing its maximum around $Q \approx 10^0$, which is consistent
 535 with the theoretical derivation by Cottrell [71].

$$536 \quad \dot{\epsilon}_c = \frac{4D\rho_m b}{MI} \quad (10)$$

537 where I is the atmosphere radius that can be taken as $\approx 4b$ (see Fig. 10). Here, we
 538 parametrically simulated the feasibility of the solute drag by H atmosphere under $\rho_m =$
 539 $10^{10} \sim 10^{13} \text{ m/m}^3$ using eq. (8)~(10), as well as the diffusivity data by Perng and Altstetter
 540 [79] shown in Fig. 9 (a). Although an accurate determination of ρ_m is difficult, it has been
 541 invoked by correlating the experimental stress-strain curve to theoretical equations that
 542 ρ_m promptly augments from 10^{10} to 10^{13} m/m^3 orders in ASS and FCC metals around the
 543 yield point [93,94]. It has been clarified that the Q -based criterion is applicable to
 544 extended dislocations, albeit the magnitude of drag force is slightly changed [51].

545 Fig. 11 shows the breakaway ($Q = 10^2$) and equilibrium ($Q = 10^{-2}$) limits at $\rho_m = 10^{10}$,
 546 10^{11} , 10^{12} , and 10^{13} m/m^3 calculated by eq. (9) as a function of temperature, in addition
 547 to the $\dot{\epsilon}_c$ at the maximum steady-state drag force *via* eq. (10). The black horizontal lines
 548 at the middle height denote our base strain rate of $5 \times 10^{-5}/\text{s}$. In metallic materials,
 549 dislocation motion is more or less jerky [95], while eq. (10) only describes an average
 550 velocity, including the waiting time at internal obstacles such as forest dislocations.
 551 Therefore, when considering the true velocity in their motion between the obstacles, the
 552 three curves corresponding to $Q = 10^2$, 10^0 , and 10^{-2} in Fig. 11 may lay at a somewhat
 553 lower strain rate in practice.



554
 555 Fig. 11 Critical strain rates characterizing the diffusible hydrogen-mobile dislocation
 556 interactions, which are defined by $Q = 10^2$ and 10^{-2} in eq. (8)(9) as well as by eq. (10), as
 557 a function of temperature. The mobile dislocation density, ρ_m , is set as (a) 10^{10} , (b) 10^{11} ,
 558 (c) 10^{12} , and (d) 10^{13} m/m^3 . The black horizontal lines at the middle height in each
 559 diagram correspond to the base strain rate used in this study: $5 \times 10^{-5} \text{ s}^{-1}$.

560

561 A numerical simulation performed by Yoshinaga and Morozumi has shown that the
 562 drag force exerted by solutes abruptly increases upon the dislocation velocity falling
 563 below the breakaway limit ($Q = 10^2$ - 10^0 , red-shaded area in Fig. 11), then gradually
 564 decreases and asymptotically reaches zero after undergoing its peak ($Q = 10^0$ - 10^{-2} , blue-
 565 shaded area in Fig. 11) [72,96]. In view of this, the most remarkable situation in Fig. 11
 566 is 298 K, where deformation starts near $Q = 10^2$ and proceeds to $Q = 10^{-2}$ via $Q = 10^0$.
 567 This means that the drag force suddenly augments at the beginning of deformation,
 568 followed by a gradual decrease in association with the multiplication and slowing down
 569 of mobile dislocations. Assuming that the drag force significantly contributes to the

570 hardening caused by solute H, it is important to note that the reduction in the flow stress
571 gap at 298 K with the increase of strain (Fig. 5 (f)) now seems a plausible consequence.
572 Furthermore, the linearity of the yield stress enhancement at 298 K (Fig. 7 (a)) can
573 somehow be attributed to the results [29,72,97,98] reporting that the drag force is
574 proportional to the average solute concentration, albeit the hardening is aided by other
575 factors discussed below. Conversely, no coordinative motion between diffusible H and
576 mobile dislocations is feasible near the yield point at 173~223 K or under a faster strain
577 rate of 5×10^{-3} /s at 298 K. Besides, dislocation velocity soon falls around and below the
578 equilibrium limit at 423 K as well as at 298 K with the strain rate of 5×10^{-7} /s. These are
579 potential rationales of the strain-independent flow stress gaps at those conditions (Fig. 5
580 (f)) and weaker yield stress enhancement at 298 K under strain rates of 5×10^{-7} and
581 5×10^{-3} /s (Fig. 4 (b)). From Fig. 11, the emergence of drag force around the yield point is
582 somewhat anticipated at 373 K. This appears in a slight decay of the flow stress gap with
583 the progress of deformation at 373 K (Fig. 5 (f)).

584 The decreasing magnitude of H-induced hardening after yielding at 298 K (Fig. 5 (f))
585 and temporal decrease in work-hardening rate (Fig. 5 (c)) can also be attributed to the
586 yield point theory proposed by Johnston and Gilman (J-G) [99]. Since the dislocation
587 velocity obeys a power law of the applied shear stress, τ , (*i.e.*, $v_d = (\tau/\tau_0)^m$ where τ_0 and m
588 are material parameters [62]), a sudden increase in ρ_m leads to a deceleration of v_d (*cf.* eq.
589 (8)(9)) and a resultant decrease in the flow stress under a constant strain rate. In materials
590 with relatively high dislocation mobility, the plastic strain rate is controlled by the
591 multiplication rate of dislocations instead of their individual velocity [100]. A typical
592 example is FCC metals, in which dislocations activity is predominated by extrinsic
593 obstacles (*e.g.*, forest dislocations) rather than intrinsic lattice frictions (*e.g.*, Peierls-
594 Nabarro potential) that render dislocations glide more viscous. Under such a
595 circumstance, the J-G type yielding is unlikely to appear because the microscopic strain
596 rate induced by each mobile dislocation promptly exceeds the macroscopic strain rate
597 once the multiplication of dislocations commences [100,101]. The activation volume of
598 dislocation motion up to hundreds of b^3 has been measured for the 310S steel at ambient
599 temperature [5,20]. Even though these values are smaller than pure FCC metals (*i.e.*,
600 thousands of b^3) and imply the involvement of intrinsic resistances by the presence of
601 alloying elements, they are still larger compared with the conditions where the Peierls-

602 Nabarro mechanism works significantly (*i.e.*, less than $100b^3$) [58,102,103]. However,
603 things may change as the dislocation movement becomes slower and more viscous under
604 the influence of solute drag: when the multiplication rate is also controlled by the mobility
605 of individual dislocations. Indeed, a smooth yield point discontinuity owing to the solute
606 drag was confirmed in the high-temperature deformation of Al-Mg alloys [104,105], a
607 phenomenon possibly applicable to our present case of an H-alloyed ASS. In reference
608 [104,105], an evident yield drop was identified, while the H-charged ASS in this study
609 retained a positive work-hardening rate (Fig. 5 (c)). This present result stems from a large
610 work-hardening that overwhelms the stress drop due to the slowing down of dislocations:
611 a different situation from [104,105], where work-hardening is negligible owing to the
612 high homologous temperature. Note that the J-G type yielding at 298 K can seemingly be
613 ascribed to the pinning of dislocation by the H-Cottrell atmosphere (Fig. 10 (b)) [4,5].
614 Nevertheless, the pinning effect cannot explain the lowering of yield stress by the strain
615 rate augmentation (Fig. 4 (b)).

616

617 **4.5 Implication of dynamic pinning**

618 It is worth noting that higher yield and flow stresses were measured at 223 K than at
619 173 K (Fig.4 (b); Fig. 5 (f)), even though solute drag around the yield point is not
620 anticipated (Fig. 11). Therefore, a different form of dynamic interaction should now be
621 considered. One potential mechanism is the re-segregation of H atoms at the resting
622 mobile dislocations at obstacles, pinning the dislocation when it attempts to move again
623 (*i.e.*, DSA [56,73,74]). Although a coordinative motion between H and dislocation is
624 infeasible at 223 K, a decent jump frequency up to $10^2/s$ (Fig. 9 (b)) might make it possible
625 to segregate around a stationary dislocation and form an atmosphere in a relatively short
626 time frame. In fact, a calculation by eq. (7) estimates the time for re-segregation to the
627 dislocation core as only a few seconds, rationalizing the dynamic pinning under a slow
628 strain rate situation. Another possibility is the formation of H-vacancy complexes through
629 the deformation [106], which has analytically and experimentally been reported to pin the
630 mobile dislocations [107,108] as with the case of DSA by C/N-vacancy complexes in
631 ASSs [109]. Albeit, since the obstruction strength *via* these specific interactions might be
632 marginal, it could easily be surmounted by thermal activation. The pinning by H-
633 atmosphere supposedly contributed to the thermal component of flow stress at 223 K,

634 whereas it became not influential as the lowering of strain rate and increasing temperature.

635

636 **4.6 Lattice friction by dispersed hydrogen atoms**

637 Except for the yielding domain at 298 K and a special case at 223 K, the H-induced
638 flow stress enhancement was monotonically augmented with the decrease in temperature
639 (Fig. 5 (f)). Moreover, after a true strain of 0.05, the flow stress enhancement was
640 positively correlated with an increase in strain rate at 298 K (Fig. 5 (f)). These findings
641 intimate that the H atoms dispersed into the matrix worked as short-range obstacles to
642 amplify the thermal component of flow stress, which particularly played an important
643 role when dynamic interactions (Sections 4.4 and 4.5) were not effective and thermal
644 vibration of the lattice was marginal. Such a thermal behavior caused by dispersed H has
645 recently been pointed out by Koyama et al. for HEAs [15]. The strengthening of ASSs by
646 dispersed interstitials is typified by C and N, wherein short-range lattice dilation around
647 them is a root cause of the dislocation obstructing effect [22,25,110,111]. A volume
648 expansion by C was determined as $8.6 \times 10^{-30} \text{ m}^3$ [22], an almost fourfold greater value
649 than the lattice swelling by H dissolved in an O-site [86,87]. The dilation by N is even
650 larger than C [22], giving rise to a query about how tiny atoms like H provoke a substantial
651 hardening over tens of MPa.

652 The internal friction studies by Gavriljuk et al. and other researchers uncovered the
653 Snoek-type relaxation peaks in cathodically or thermally H-charged ASSs (*e.g.*, Fe–
654 25Cr–20Ni and Fe–18Cr–15Ni) [48–50,90,112,113]. Some of them ascribed the peak to
655 a tetragonal lattice distortion stemming from H–H pairs in adjacent O-sites or
656 substitutional-H pairs comprising Cr–H or Ni–H. Assuming Cr–H pairs as the primary
657 cause of the Snoek peak, recent analytical claims inferring a strong affinity of Cr with H
658 [87,114] can be reinforced. This idea also supports the previous results exhibiting the
659 augmentation of H solubility and H-induced hardening capability with increasing the Cr
660 content in the Fe–Cr–Ni alloy system [11,21,50]. In general, lattice strain by interstitial
661 atoms in an O-site of FCC lattice is isotropic, interacting only with edge dislocation
662 components that possess hydrostatic stress in their environs. On the contrary, the shear
663 stress due to the anisotropic strain field around Cr–H pairs may interact with both edge
664 and screw, thereby could work as a predominant piece for the hardening effect related to
665 H atoms statistically dispersed in the lattice. Even for C and N, there is an argument that

666 lattice dilation is not sufficient to explain the large strengthening by these elements;
667 thereby, the contribution of interstitial-substitutional complexes should be considered
668 [24,115]. Assuming that the Cr-H pairs are randomly dispersed at temperatures around
669 298 K, the average interspacing between each H atom in our experiments is estimated to
670 be $b/(C_0)^{1/3} = 1\sim 2$ nm, letting a dislocation line to simultaneously interact with plural
671 obstacles due to their extremely dense distribution. Under such a circumstance, the linear
672 dependence of flow stress on the average solute concentration is envisaged [29], which
673 further rationalizes the tendency in Fig. 7 (a).

674 Our stress relaxation tests at 298 K identified the presence of a thermal component of
675 the flow stress, which might be related to dispersed H atoms or partially to the pinning of
676 resting mobile dislocations by re-segregated H (Section 4.5). The rate of relaxation from
677 a fixed strain of 0.06 became higher by the presence of H, while the stresses in non-
678 charged and H-charged specimens asymptotically approached each other when the
679 relaxation curves were extrapolated (Fig. 8). This means that the activity of dislocations
680 lagged in the continuous straining due to the introduction of weak and more thermally
681 activatable obstacles, *i.e.*, H, catching up later during the crosshead holding with the aid
682 of time. The same physical meaning can be acquired from an increased strain rate
683 sensitivity and a reduction in activation volume in H-charged ASSs [5,20].

684 The increase in stress relaxation rate (or creep rate) and reduced activation volume
685 after H introduction has been attributed to the H-induced enhancement of thermally
686 activated dislocation motion [5,20,57,116]. However, it seems a superficial interpretation
687 disregarding that the relaxation was started at a fixed strain where the absolute stress level
688 at the beginning was higher in the H-charged sample. Indeed, the creep tests from fixed
689 stress carried out by Tien and Altstetter demonstrated a decreased creep rate at the initial
690 short transient and, conversely, a longer creep duration in an H-doped 310S ASS [116].
691 These are clear evidence for the role of solute H that impedes the dislocation movement
692 and renders the deformation more sluggish under a given driving force (*i.e.*, applied
693 stress). Care is also required for understanding the magnitude of activation volume
694 because the parameter is determined by the combination of multiple obstacles with
695 various strengths, including alloying elements, dislocation intersections, precipitates, and,
696 obviously, solute H [54,55,117,118]. Curtin theoretically stated that when more than two
697 obstruction mechanisms cooperate, the activation area and enthalpy are primarily

698 dominated by either of the obstacles that are more easily thermally activated than others
699 [118]. In this regard, the smaller activation volume in the H-charged ASSs and FCC
700 metals [5,20,57] might mainly stem from H itself (the weakest obstacle), whereas it is
701 rooted in substitutional solutes as well as forest dislocations in the non-charged specimen.
702

703 **4.7 Pinning by hydrogen atmosphere and low-temperature hardening**

704 The significance of dislocation pinning by H atmosphere was denied at 298 K since the
705 yield stress exhibited an inverse strain rate sensitivity when the strain rate was increased
706 from 5×10^{-5} to 5×10^{-3} /s (Fig. 4 (b)). Because the radius of the atmosphere is a mere $\sim 4b$
707 (Fig. 10 (e)), the core is unsaturated by H (Fig. 10 (d)), and the H atoms are mobile, it is
708 envisaged that dislocations might be able to readily overcome the pinning even if it
709 existed. Nevertheless, such insignificance of the atmosphere pinning shall not be applied
710 when the solute H concentration is extremely high over a few at %.

711 Altstetter and co-workers identified the appearance of a distinct yield point in a room
712 temperature tensile test with the strain rate of 5.5×10^{-5} /s when a 310S steel was
713 cathodically charged with more than 4 at % H [4–6]. The H concentrations in their
714 experiments ($C_0 = 3.7, 5.3,$ and 7.2 at %) were adopted into eq. (4), a result of which is
715 included in Fig. 10 (d) and (e). As the C_0 exceeds 5.3 at %, the core is saturated, and the
716 atmosphere radius extends over $10b$. Under these extreme conditions, the pinning by the
717 atmosphere turns into a substantial magnitude [119], which impacts the H-induced
718 enhancement of yield stress at 298 K. Such strong pinning inherently causes the decrease
719 of initially mobile dislocation density. Thus, the dislocations, which once broke away
720 from the pinning at the yield point, must rapidly move and multiply so that the specimen's
721 gauge length conforms to the externally applied strain rate. Ultimately, the scenario forces
722 depinning and subsequent fast movement for dislocations rather than their viscous motion
723 accompanying solute drag. This might be the rationale for the abrupt yield drop observed
724 at high C_0 in [4–6] instead of the smooth reduction of the flow stress enhancement in the
725 present study (Fig. 5 (f)).

726 Hypothesizing the pinning by H atmosphere, the core saturation, and large atmosphere
727 radius (*i.e.*, more than $6b$) at 173 K under the C_0 up to 7570 at ppm is worthy of attention
728 (Fig. 10 (d) and (e)). Since the aid of thermal activation for breaking away from the
729 atmosphere fades exponentially at low temperatures, it is quite likely that the expected

730 strong pinning of dislocations acted as a primary factor for determining the yield stress at
731 173 K. Moreover, as the partial dislocations separation increases at low temperatures and
732 solute H is known to decrease stacking fault energy in ASSs [120,121], the chemical
733 locking by segregated hydrogen, *i.e.*, Suzuki locking [29,122], is an anticipated outcome
734 as well. Actually, the static strain-aging experiments performed by Girardin and Delafosse
735 elegantly demonstrated the H-induced dislocations pinning at 173 K and its amplification
736 by aging time in pure Ni and a Ni-Cr alloy with ~1900 at ppm H [42]. The H-induced
737 dislocations pinning by their atmosphere or Suzuki locking were also inferred by room
738 temperature internal friction measurements on Fe-18Cr-Ni alloys at a high vibrational
739 frequency [89,112]. Fig. 4 (b) and Fig. 5 (f) notably revealed no influence of strain rate
740 on the yield stress at 173 K when $C_0 = 7570$ at ppm. This means that most parts of the
741 work required for surmounting the atmosphere pinning were supplied by an external force
742 [58,62]. In this context, the prompt reduction in the flow stress enhancement immediately
743 after the yielding at 173 K (Fig. 6 (c)) can now be considered a sign of dislocations
744 depinning from their H atmosphere. The concentrated atmosphere is left behind the
745 dislocation and cannot readily diffuse at low temperatures; the matrix H concentration
746 was supposedly not enough under a small C_0 such as 2030 at ppm. Accordingly, the drop
747 of the flow stress enhancement continued during a certain range of strain (Fig. 6 (c)). On
748 the contrary, the matrix might also contain a significant amount of dispersed H atoms at
749 a high C_0 , *e.g.*, 7570 at ppm, obstructing the dislocations even after the depinning so as
750 no further flow stress drop to persist in the course of straining (Fig. 6 (c)).

751 Other two striking distinctions at 173 K should be treated finally: H-induced yield
752 stress enhancement increased as an apparently exponential function of C_0 (Fig. 7 (b)); the
753 flow stress enhancement after yielding possessed an athermal character and did not
754 depend on strain rate (Fig. 5 (e)). Although these features still have room for argument,
755 the atmosphere distributions shown in Fig. 10 give a clue to the former if one assumes
756 that the yield stress at 173 K was predominated by the dislocation depinning mechanism.
757 Barnett et al. theoretically treated the pinning force by the Fermi-Dirac atmosphere with
758 consideration of thermally activated breakaway and emphasized that the probability of
759 breakaway is determined by the atmosphere radius besides the local solute concentration
760 in the core [119]. In this regard, the aid of thermal activation might be somewhat helpful
761 to facilitate the depinning at a lower C_0 (2030~5630 at ppm) where the extension of the

762 atmosphere is smaller (Fig. 10 (e)), while it was not so influential at $C_0 = 7570$ at ppm. In
763 a conventional dislocation theory considering the size effect, the maximum stress for the
764 breakaway from the Cottrell atmosphere without any thermal activation, a large part of
765 which comes from the solute segregation in or adjacent to the core, is proportional to the
766 bulk solute concentration, C_0 [29]. Moreover, it seems in Fig. 10 (e) that the atmosphere
767 also extends almost proportionally to C_0 . Simply assuming these two are multipliable to
768 determine the zero-temperature activation energy in a dislocation force-distance profile,
769 the required stress for surmounting the obstacle should increase exponentially to C_0 when
770 the energy supplied by thermal fluctuation is fixed, *i.e.*, at the same temperature.

771 An athermal hardening at low temperatures in which solutes are unlikely to diffuse
772 has typically been observed in N-strengthened ASSs [23]. The phenomenon was ascribed
773 to the presence of short-range order (SRO) comprising Cr-N aggregates [24,123,124],
774 escalating the work for shear deformation corresponding to the formation energy of anti-
775 phase boundaries [29,125]. The authors recently performed *Ab-initio* calculations to
776 investigate the H absorption energies in an O-site of FCC iron by partially substituting
777 the surrounding atoms with Ni and Cr [126]. Great reductions of the absorption energies
778 manifested when one or two Cr atoms were located adjacent to the O-site, a consequence
779 that stemmed from electronic interactions between H and Cr. On the basis of this affinity
780 of H with Cr, one can expect the presence of Cr-H SRO in the Fe-Cr-Ni alloy system in a
781 similar manner to Cr-N SRO [123,124] at the region where a high concentration of Cr is
782 statistically clustered. During the cooling process to 173 K, H atoms might be
783 preferentially coordinated at the O-sites adjacent to Cr, then frozen in due to the low
784 diffusion coefficient. The athermal nature of H-induced hardening at 173 K appeared in
785 the short transient stress relaxation (the inset in Fig. 8 (a)) as well, where relaxation curves
786 in non-charged and H-charged specimens were close to each other, a case distinct from
787 that at 298 K. Nonetheless, such athermal obstacles could not completely be stable owing
788 to the still non-negligible jump frequency of H up to $10^{-2}/s$ (Fig. 9 (b)), inferring the
789 collapse and reconstruction of the SRO zones during the time scale greater than 10^2 s.
790 This led to the greater stress relaxation rate in the H-charged specimen at 173 K after the
791 passage of 10^2 s (Fig. 8 (a)).

792
793

794 **5. Summary and conclusion**

795 The solid-solution hardening by H was studied at 173~423 K and two different strain
796 rates: 5×10^{-5} and 5×10^{-3} /s in Fe-24Cr-19Ni-based ASS charged with 2000~7600 at ppm
797 H, resulting in the main experimental findings as follows.

- 798 1. The hardening was maximized at 298 K under the slow strain rate condition of
799 5×10^{-5} /s, where the magnitude of yield stress enhancement was a linear function of
800 the H concentration. Nonetheless, the extent of strengthening decayed as the strain
801 increased.
- 802 2. The hardening was still significant at the lower temperatures, such as 173 K and 223
803 K, yet its concentration dependence was not linear but rather relatively exponential
804 at 173 K.
- 805 3. Above 373 K, the hardening was minimized and became negligible at 423 K.

806 Ultimately, the rationales for the strengthening were discussed in terms of four essential
807 ingredients: (i) H atoms in the lattice as dispersed obstacles; (ii) pinning of stationary
808 dislocations by H atmosphere; (iii) dynamic pinning of dislocations resting at obstacles;
809 (iv) drag force to moving dislocations by migratable H clouds. In [Table 2](#) and [Fig. 12](#), the
810 feasibilities of these (i)~(iv) under the test conditions in this study are summarized, in
811 addition to the schematic strengthening mechanism map as functions of strain rate and
812 temperature. (i), (iii), and (iv) predominated the yield and flow stress around ambient
813 temperature, albeit their individual significance was changed depending on the strain rate.
814 Meanwhile, as the temperature decreased below 200 K, (i) and (ii) became more essential
815 contributors due to the low diffusivity of H and weak thermal fluctuation. With the aid of
816 enhanced thermal activation and fast diffusion of H, all the (i)~(iv) were diminished,
817 resulting in the absence of strengthening at high-temperatures above 400 K.

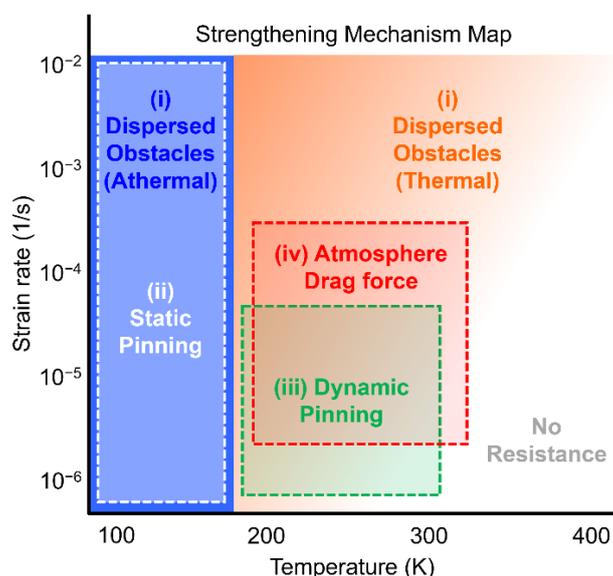
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820 Table 2 Summary of the strengthening factors under each testing condition.

Temp.	Strain rate (1/s)	(i) Dispersed Obstacles	(ii) Static Pinning	(iii) Dynamic Pinning	(iv) Atmosphere Drag Force
Low (< 200 K)	5×10^{-5}	Significant for flow stress (Athermal)	Significant for yield stress (Thermal/Athermal)	Absent (H is not diffusible)	
	5×10^{-3}				
Medium (≈ 300 K)	5×10^{-5}	Moderate (Thermally activated)	Trivial (Thermally activated)	Moderate (Thermally activated)	Significant for yield stress
	5×10^{-3}	Significant			Absent (Breakaway or equilibration of atmosphere)
High (> 400 K)	5×10^{-5}	Trivial (Thermally activated)			Absent (Breakaway or equilibration of atmosphere)
	5×10^{-3}				

821



822

823 Fig. 12 Schematic illustration of the predominant H-induced strengthening mechanisms
 824 in austenitic steel with the H concentration up to 7600 at ppm under the given strain rate
 825 and temperature conditions.

826

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833

834 **Data availability**

835 The raw/processed data required to reproduce these findings cannot be shared at this time
836 as the data also forms part of an ongoing study.

837

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